

# Innovations in Counseling: Working with Minority Populations- Part 7 Session 7: The Other Side of the Rainbow—Cultural Sensitivity and the LGBTQ Community

Webinar Follow-up Question and Answer Session with Dr. Plummer

#### **Question from Jessica Unger**

Is there somewhere I could read more about the research of Kinsey and Hooker?

#### **Answer from Presenter**

Alfred Kinsey and Evelyn Hooker were independent psychologists that conducted research separately. Their books and articles can be found via most research-based search engines. Many of their articles were published between the 1960s and 1980s.

### **Question from Allen Vosburg**

How can cultural status be addressed with a client's desire or need to come out so that their culture is not lost to that client?

# **Answer from Presenter**

There are many aspects to culture. Since culture is learned via socialization and modeling, one is less likely to lose his/her culture before or after coming out. Instead, one may be ostracized from his/her cultural community after coming out. In all cases, regardless of sexuality, counselors can help clients prepare for the most extreme scenarios while helping the client develop a range of skills to include assertiveness, boundaries, coping, and new social skills.

#### **Question from Mary Walczak**

"Understand the complexity of gender roles and socialization in same-sex relationships." I hear "same-sex" called "same-gender." I'm confused. It sounds as though "same-sex" is the same as "same-gender." Is gender another word for sex?

# **Answer from Presenter**

Same gender is synonymous with same sex

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