

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Y. Ade Bakare Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates



Schwenksville, PA—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Y. Ade Bakare of Schwenksville, Pennsylvania, for the NBCC Minority Fellowship Program–Youth (MFP-Y). As an NBCC MFP-Y Fellow, Bakare will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).

The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Bakare and the 29 other master’s-level counseling students selected to receive the fellowship award. Bakare is a graduate of Clarion University of Pennsylvania and is currently pursuing a master’s in the mental health counseling program at Oklahoma State University–Tulsa. Upon graduating, while working towards full licensure, Bakare desires to serve transition-age youth primarily in the Black and Latinx communities. Bakare would love to utilize her expertise and passion for continuing education and life skills development in group homes, transitional living programs, and adolescent partial-hospitalization or in-patient facilities. Bakare hopes to conduct research on the ways race and ethnic trauma impact the identity development process of these young people in order to create programming that navigates the multiple intersections of identity development in a clinical and trauma-informed manner. Earning this fellowship will allow Bakare the opportunity to build social capital while connecting and collaborating with fellow clinicians, pursue research opportunities, and increase her knowledge base by attending relevant trainings, conferences, and symposiums.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 34 master’s-level fellowships of up to \$11,000 through the [MFP-Addictions Counselors](#) (MFP-AC). The Foundation plans to open the next NBCC MFP-Y application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation’s mission is to leverage the power of counseling by strategically focusing resources for positive change.

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