

PRESS RELEASE

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FOR IMMEDIATE RELEASE

May 2, 2018

Megan Schilling Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Ellsworth, WI—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Megan Schilling, of Ellsworth, Wisconsin, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Schilling will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Schilling and the 33 other master's-level addictions counseling students selected to receive the fellowship award. Schilling is a graduate of the University of Wisconsin–Eau Claire, and is currently a master's student in the clinical mental health counseling program at the University of Wisconsin–Stout. Upon graduation, Schilling will be working with the at-risk population who struggle with alcohol and substance abuse/dependency, along with individuals who have co-occurring mental illness diagnoses. Schilling hopes to work in Minnesota doing inpatient or treatment center work. Earning this fellowship will allow Schilling to attend conferences and seminars to further develop as a professional and advocate in the counseling field. Schilling will also benefit from this experience by learning evidence-based practices and techniques that can be applied to better serve individuals at risk.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 30 \$8,000 master's-level fellowships through the [MFP-Youth](#) (MFP-Y). The Foundation plans to open the next NBCC MFP-AC application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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