

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Kathy R. Thomas Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Detroit, MI—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Kathy R. Thomas, of Detroit, Michigan, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Thomas will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Thomas and the 33 other master’s-level addictions counseling students selected to receive the fellowship award. Thomas is a graduate of Marygrove College, in Detroit, Michigan and is both a student and graduate of Spring Arbor University, in Michigan, where she is currently pursuing a master’s in mental health counseling. Upon graduation, Thomas intends to work with transition-age minority youth, particularly those who suffer with substance abuse. She would also like to work with people who are often marginalized, such as ethnic minorities and people living in rural areas, where mental health services are typically lacking. Earning this fellowship will allow Thomas to attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations, and advocate for the counseling profession.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 30 \$8,000 master’s-level fellowships through the [MFP-Youth](#) (MFP-Y). The Foundation plans to open the next NBCC MFP-AC application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation’s premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation’s mission is to leverage the power of counseling by strategically focusing resources for positive change.

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