

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Jennifer L. Mitchell Receives Military Scholarship From the NBCC Foundation



Blythewood, SC—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded an \$8,000 2018 NBCC Foundation military scholarship to Jennifer L. Mitchell, of Blythewood, South Carolina. The military scholarship is awarded to service members, veterans, and their spouses who are pursuing a counseling education and commit to serving fellow military personnel, veterans, and families upon graduation.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The military scholarship was created in 2009 to increase access to counselors for military personnel, veterans, and families suffering from a shortage of available mental health professionals. More than 40 students from across the country applied for the six 2018 military scholarships.

As a military scholarship recipient, Mitchell will receive \$8,000 to support her counseling education and recognize her commitment to the underserved. A graduate of the University of North Georgia, in Dahlonega, and of The Southern Baptist Theological Seminary, in Louisville, Kentucky, Mitchell is currently a master's student in the counseling program at Columbia International University, in South Carolina. Upon graduation, Mitchell intends to work with military families, particularly military personnel who have served in combat, as well as spouses and children who have faced unique challenges as they have embraced the military lifestyle. She would also like to work with veterans who have experienced trauma and who are, as a result, wrestling with PTSD, depression, and/or addictions. Earning this scholarship will provide Mitchell the opportunity to attend counseling conferences to establish a stronger professional identity as a counselor and to connect with other professionals working to address the mental health needs of the military population. Additionally, this scholarship will provide Mitchell with increased access to training in best practice interventions and evidence-based practices in treating depression, addictions, and PTSD, to better serve military populations and to advocate for the mental health needs of military families and the counseling profession.

The NBCC Foundation has also awarded six \$8,000 [rural scholarships](#) to increase the number of counselors serving rural areas. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in fall 2018. For more information or to make a gift to support scholars like these, please visit [www.nbccf.org](http://www.nbccf.org).

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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