

PRESS RELEASE

NBCC Foundation
3 Terrace Way
Greensboro, NC 27403-3660
Phone: 336-232-0376
www.nbccf.org



FOR IMMEDIATE RELEASE

May 2, 2018

Chelseyah Bena' Bolden Awarded \$8,000 Counseling Fellowship From NBCC and Affiliates



Houston, TX—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Chelseyah Bena' Bolden of Houston, Texas, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y Fellow, Bolden will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition-age youth (ages 16–25).

The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the

number of available culturally competent behavioral health professionals.

The NBCC MFP will distribute \$8,000 education awards to Bolden and the 29 other master's-level counseling students selected to receive the fellowship award. Bolden is a graduate of Texas Tech University, in Lubbock, and is currently pursuing a master's in the clinical mental health counseling program at The University of Texas at San Antonio. Upon graduation, Bolden intends to work with transition-age minority youth, particularly those who identify within racial and ethnic minority groups. She would also like to work with people who are often marginalized, such as individuals who fall under points of intersectionalities that include the gender and sexual/affection minority spectrum and a lower socioeconomic status, where mental health services are typically lacking. Earning this fellowship will allow Bolden to complete her master's, attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations, and advocate for the counseling profession.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 34 master's-level fellowships of up to \$11,000 through the [MFP-Addictions Counselors](#) (MFP-AC). The Foundation plans to open the next NBCC MFP-Y application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

###