

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Carmen Melissa Hall-Shorts Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates



Shaker Heights, OH—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Carmen Melissa Hall-Shorts, of Shaker Heights, Ohio, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Hall-Shorts will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).

The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute up to \$11,000 to Hall-Shorts and the 33 other master's-level addictions counseling students selected to receive the fellowship award. Hall-Shorts is both a student and graduate of John Carroll University, in University Heights, Ohio, where she is currently pursuing a master's in clinical mental health counseling. Upon graduation, Hall-Shorts intends to work with transition-age minority youth, particularly young women who are dealing with addiction and are underserved in their community. She would also like to serve and advocate for resources for those youth who are lacking addiction treatment and mental health support services. Earning this fellowship will allow Hall-Shorts to attend counseling conferences to establish a stronger professional identity as a counselor, learn evidence-based practices to better serve underserved populations, and have the opportunity to be trained with and in the company of like-minded and dedicated individuals making significant contributions in professional practice. With this fellowship, she will receive counselor education and leadership in the counseling field and advocate for the counseling profession.

The NBCC Foundation has also awarded 23 \$20,000 [doctoral fellowships](#) through the Minority Fellowship Program and 30 \$8,000 master's-level fellowships through the [MFP-Youth](#) (MFP-Y). The Foundation plans to open the next NBCC MFP-AC application period in fall 2018. To learn more about the NBCC MFP and its fellows, please visit <http://www.nbccf.org/Programs/Fellows>.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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