



## **Innovations in Counseling (Part 10 Session 7)**

Spiritual Care for Suicidal Veterans: Pilot Study of the Impact on Substance Abuse, Treatment Compliance, and Suicide Prevention

Webinar Follow-up Question and Answer Session With  
**Christina Javete, MS, NCC, LMHC; Woodburne Levy, MD; and Courtney Perez, DNP**

**Question from C. Andela:**

Were there any participants in the study who were resistant to any type of spiritual intervention?

**Answer from Presenters:**

No, because the participants were already identified as having a religion/spirituality listed on their chart as well as recommended by their attending physician.

**Question from M. Bullock:**

Is CORE available all VA clinics?

**Answer from Presenters:**

Not now however, it is a future goal for CORE to be!

**Question from I. Gianuzzi:**

Do you work with Agnostics?

**Answer from Presenters:**

Yes

**Question from M. Bullocki:**

Where can clinicians receive training?

**Answer from Presenters:**

A CORE training is currently in the works as part of the second phase of the study.

**Question from I. Gianuzzi:**

Do you use a specific theory such as CBT?

**Answer from Presenters:**

Yes, CORE is based off spiritually-modified CBT.

**Question from A. Vosburg:**

Spirituality can have a broad coverage. How do you determine what is spirituality and how do you separate i.e., religious, self, culture, etc.?

**Answer from Presenters:**

Using the CORE handout/worksheet is a great resource to open this discussion. And CORE is about meeting the patient where they are spirituality and having them share how it helped them during a crisis, whatever that may have been.