



**Innovations in Counseling: Working With Minority Populations (Part 9 Session 8)
Attitudes to Actions: Social Justice–Oriented Play Therapists Serving Minority
Populations**

Webinar Follow-up Question and Answer Session With
Lauren Chase, PhD, NCC, LCMHCA

Question from R. Belvey:

What are the percentages for African American children?

Answer from Presenter

According to Child Trends (n.d.), Black, non-Hispanic children make up 15% in 2000, 14% in 2010, and still 14% in 2020 of the under 18 population in the United States.

Question from J. Harmon:

How does a play therapist plan to incorporate these interventions to military populations, especially to those families assigned overseas? Those resources are extremely limited or non-existent.

Answer from Presenter

I agree that those resources are limited. I think the best way to work with these populations is to meet them where they are at. Providing teletherapy to this population on an individual scale would be impactful. At a larger scale, counselors need to advocate for the ability to practice across state lines to specifically support this mobile population.

Question from A. Vosburg:

We have been given a lot of information today about social justice advocacy. I feel that one of the better ways to promote this topic is through consultation with other professionals. What is your response to this and what should we be careful of in doing this?

Answer from Presenter

I feel that consulting and social justice go hand in hand. Consulting with other professionals is essential. Especially in areas we are not knowledgeable about, we need to consult with others and receive thorough training and support to have ethical treatment.

Question from L. Dorman:

Sometimes I feel caught in a "pull yourself up by your bootstraps" mentality when facing social justice issues in therapy. How do you avoid/ overcome?

Answer from Presenter

I feel that we have to think about it this way, we are all in this together. This is really what social justice is about: doing things for the common good of others. In asking others for help and support, we are modeling being vulnerable, and this is important because it is what we ask our clients to do every day in session.