

Christopher B. Townsend
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Education

PhD in Rehabilitation Counseling & Counselor Education:

North Carolina Agricultural and Technical State University, Greensboro, NC 2018

- **Dissertation Topic:** *A Grounded Theory Study of School Counselor's Perceptions and Effectiveness Regarding African American Boys with Disabilities, Who are Disproportionately Represented in Special Education*

Masters of Arts, Community Counseling: Appalachian State University, Boone, NC 1998

- Emphasis: Addictions and Multicultural Counseling

Bachelor of Science, Psychology: Appalachian State University, Boone, NC 1996

- Concentration: Child Development

Employment History

Texas Tech University Health Sciences Center, Department of Clinical Counseling and Mental Health, Master of Science in Addiction Counseling Program. Lubbock, Tx, Assistant Professor (9/1/17-present)

- Appointed as Director of Your Life Behavioral Health and Wellness Clinic 3/1/19-present)

Wake Forest University, Winston Salem, NC: Adjunct Instructor

January – December 2017 (Spring-Fall Semester)

- *Clinical Mental Health Counseling:* On-line course for Masters Level Students
- *Group Procedures* Course for Undergraduates

N. Carolina A&T University Center for Behavioral Health and Wellness, Greensboro, NC: Lead Clinician

July 2012 – August 2017

- Served as Interim Clinical Director (*October 2015 – January 2016*)
- Provided supportive supervision to Master's level interns as they provided counseling to students with academic challenges in the Aggie Bounce Back Program
- Provided consultation/supervision to staff members
- Provided trauma-specific, mental health and substance abuse training to staff and community organizations
- Provided oversight of Client Rights Committee
- Provided therapy for children, adolescents, adults and couples cross-culturally
- Assisted in developing community partnerships
- Developed and facilitated Lunch-and-Learn mental health trainings for faculty, staff, students and community
- Developed an Innovations in Counseling Training Series for faculty, staff and students

Teaching Experience

- **Fall 2020** Assistant Professor: Advanced Addiction and Micro-Counseling Skills. Texas Tech University Health Sciences Center
- **Summer 2020** Assistant Professor: Foundations of Addiction and Group Counseling. Texas Tech University Health Sciences Center
- **Spring 2020** Assistant Professor: Advanced Addiction and Group Counseling. Texas Tech University Health Sciences Center
- **Fall 2019** Assistant Professor: Advanced Addiction and Group Counseling. Texas Tech University Health Sciences Center
- **Summer 2019** Assistant Professor: Addictions, Foundations of Addictions. Texas Tech University Health Sciences Center
- **Spring 2019** Assistant Professor: Psychopathology and Diagnosis, Micro Counseling. Texas Tech University Health Sciences Center
- **Fall 2018** Assistant Professor: Psychopathology and Diagnosis, Advanced Addictions (developed course), & Micro Counseling. Texas Tech University Health Sciences Center
- **Spring 2018** Assistant Professor: Practicum, Foundations of Addictions (co-developed course), & Addictions. Texas Tech University Health Sciences Center
- **Fall 2017** Assistant Professor: Multicultural Counseling & Assessment. Texas Tech University Health Sciences Center
- **Fall 2017** Instructor of Record: Clinical Mental Health Counseling On-line course. Wake Forest University
- **Spring 2017** Instructor of Record: Clinical Mental Health Counseling On-line course. Wake Forest University
- **Spring 2017** Instructor of Record: Group Procedures Wake Forest University
- **Spring 2017** Teaching Assistant: Psychopathology and Addictions. North Carolina A&T State University
- **Spring 2017** Teaching Assistant: Supervised the internship course for Masters Students. North Carolina A&T State University
- **Fall 2016:** Teaching Assistant: Co-Taught Marriage and Family Counseling in Addictions. North Carolina A&T State University
- **Fall 2016:** Teaching Assistant: Supervised the Practicum course for Masters Students. North Carolina A&T State University
- **Fall 2007:** Co-facilitated an adolescent substance abuse psychology doctoral course. University of North Carolina at Greensboro
- **Spring 2003:** Instructor of Record: Adolescent Treatment: Prevention and Intervention. Guilford Technical Community College

Guest Lecturer

- **Spring 2020:** Texas Tech Health Sciences Center. Panelist for the Department of Speech, Language, & Hearing Sciences Diversity course
- **Fall 2018:** North Carolina Agricultural and Technical State University in the Multicultural course.
- **Spring 2017:** Wake Forest University in the Addictions Counseling course
- **Spring 2017:** Wake Forest University in the Ethics in Health & Human Services course

- **Spring 2017:** Wake Forest University in the Consultation course
- **Fall 2016:** North Carolina A&T State University for Counseling Poor and Ethnically Diverse Families
- **Spring 2015:** North Carolina Agricultural and Technical State University for the Clinical Mental Health Counseling course on suicide assessment and crisis management
- **Fall 2014:** North Carolina A&T State University on providing therapy to difficult adolescents' behaviors in the Multicultural Counseling course
- **Spring 2011:** Winston Salem State University on Adolescent Substance Abuse in the Dynamics of Addiction course
- **Spring 2002:** Guilford Technical Community College on Assessment of Adolescent Substance Abuse

Publications

Jimenez, R., Andersen, S., Song, H., Townsend, C. (Under Review). *Vicarious Trauma in Mental Health Care Providers*.

Kroll, T., Honnacker, A., Townsend, C. (Under Review). *Pragmatic humanism in CSD diversity education: A conceptual framework to engage students across the political and cultural spectrum*

Bowles, S., Speedlin Gonzalez, S., & Townsend, C. (In press). *Mid Life. Counseling and Teaching Across Lifespan: A Humanistic Perspective*.

Speedlin, S., Haberstroh, S., Prasath, P., Townsend, C., & McVay, K. (under review). *Participatory action research: Strategies for implementation in counseling outcome research*. The Journal of Theory, Practice, and Research

Elliott, J., Speedlin, S., Townsend, C., & McVay, K. (Under Review). *Healing the brave new world: Resolving trauma with millennial clients using social media*. Adultspan

Townsend, C. (2019). The Humanization of the Oppressed from a Humanistic Practitioner's Perspective. Infochange: Association for Humanistic Counseling Newsletter

(Works in Progress) Brooks, M., Euring, M., Hughes, K., Townsend, C. (2017). Creating a Safe Haven: Engaging African American Men in Therapy. In Dunham, S (Ed.), *Emotionally Focused Guide to Re-visioning African American Relationships*.

Brooks, M., Alston, G., Townsend, C., Bryan, M. (2017) "Creating a Healthy Classroom Environment in Multicultural Counseling Courses," *Journal of Human Services: Training, Research, and Practice: Vol. 2: Iss. 1, Article 3*. Available at: <http://scholarworks.sfasu.edu/cgi/siteview.cgi/jhstrp/vol2/iss1/3>

Brooks, M., Thompson, C., Euring, M., Townsend, C., White, N. (2016) Is there a problem officer? Exploring the lived experience of black men. *Journal of African American Studies*, pp. 346-362

Stevens, L. H., Townsend, C. (2013) Respecting Religion and Spirituality in Evidenced-Based Practices. *Counselor: The Magazine for Addiction Professionals*, 4(14), pp. 10-17.

Professional Credentials and Certifications

- Licensed Professional Counselor (#81267, TX)
- Licensed Professional Counselor (#3723, Approved Supervisor, NC)
- Licensed Clinical Addiction Specialist (#746, NC)

- Advanced Alcohol and Drug Counselor (#1938R0219, TX)
- Certified Clinical Supervisor (#365, NC & TX)
- National Certified Counselor (#55320)
- Trauma Focused-Cognitive Behavior Therapist (Since 2014)
- National Board for Certified Counselor-International (NBCC-I) Master Trainer (Since 2010)
- National Global Appraisal of Individual Needs Clinical Interpretation Trainer (Since 2008)
- National Global Appraisal of Individual Needs Trainer (Since 2008)
- Certificate in Frontiers Telemedicine (2018)

Service

- University
 - Faculty Co-Chair of Diversity, Equity, & Inclusion Committee
 - Appointed Chair of Substance Abuse and Mental Health Services Administration Workgroup (April 2019-Present)
 - Serve on the Telemedicine/Telehealth Clinical Taskforce (Spring 2019-present)
 - Serve on the Texas Tech University Health Sciences Center Global Mental Health Committee (Spring 2019-present)
 - Serve on the Texas Tech University Health Sciences Center Global Health Committee (Fall 2018-Present)
- School/College
 - Faculty Development Presentation for School of Health Sciences: Our Truths: Crucible Moments during Racial Tensions (8/14/2020)
 - Serve Spring Interprofessional Education Symposium Committee (Fall 2018-Present)
 - *Serve Fall* Interprofessional Education Symposium Committee (Fall 2018-Present)
- Department
 - Serve as Director of the Your Life Behavioral Health and Wellness Clinic (Spring 2019-Present)
 - Serve on the Clinical Counseling and Mental Health Advisory Committee (2018-Present)
 - Serve on the Masters of Addiction Counseling Admissions Committee, Advisory Committee, and Clinical Training Committee (2018-Present)
 - Serve on the Clinical Counseling and Mental Health, Professional Dispositions Committee (2018-Present)
- Community Service
 - Volunteered for the 2019 American Counseling Association, AMCD Service Day. Provided mental health training to youth workers, in addition to a program providing substance abuse support to women in the New Orleans community.
 - Advisory Council Member. National Board for Certified Counselors Foundation for the Masters Minority Fellowship Program (August 2014 – August 2016)
 - Board Officer/Member. North Carolina Foundation for Alcohol and Drug Studies (August 2007-October 2014)
 - Board Member. The Joseph Alliance Inc., a missions organization focused on mobilizing African Americans and other ethnic groups to support domestic and overseas missions (2011-2015)
 - Board member. Macedonia Resource Center (*March 2012 – September 2012*)

- Committee Member. National Board for Certified Counselor (NBCC) Ethics Review Committee (2008-2010)
- Board Member. Guilford County Juvenile Crime Prevention Council (January – December 2009)

Professional Memberships

- American Counseling Association
- Association for Counselor Education and Supervision
- NAADAC

International Conference Presentations and Trainings

- **International Mental Health Facilitator Master Training**, Zoom training for the National Board for Certified Counselors (6/7/19)
- International Mental Health Facilitator Master Training for the National Board for Certified Counselors International Capacity Building Program. This was a Zoom training including participants from Portugal and United States (11/30/18).
- **Rwanda, West Africa.** Supervised a Mental Health Facilitation Training of Trainers for 40 women raped during the genocide who will help other women to address their trauma. (November 4, 2017-November 12, 2017)
- **Rwanda, West Africa.** Facilitated a National Board for Certified Counselors-International (NBCC-I) Mental Health Facilitator Training-of-Trainers for nurses and counselors. Provided direction to those nurses and counselors in training sixty other community nurses in Rwanda. (June 30, 2016 – July 10, 2016)
- **Montreal, Canada.** Co-facilitated an American Counseling Association session entitled “A Trauma Informed Approach with African American Adolescent Males” (April 2016)
- **Montreal, Canada.** Co-presented and moderated an American Counseling Association panel discussion entitled “Officer is there a problem?: The lived experience of African American Men “ (April 2016)
- **Uganda, East Africa.** Presented in Uganda on behalf of NBCC-I at the 9th Annual National Counselors Conference, Bringing Professional Counseling Closer to the People on the topic of “The Impact of Domestic Violence and Trauma on Children’s Brains” (March 2013)
- **Uganda, East Africa.** Presented a poster session on “The Mental Health Facilitation Model in Uganda” at the 9th Annual National Counselors Conference: Bringing Professional Counseling Closer to the People (March 2013)
- **Liberia, West Africa.** Lead a clinical team to facilitate NBCC-I Mental Health Facilitator training, designed to provide mental health support where services are absent. (April 2012)
- **Liberia, West Africa.** Lead a clinical team to train community leaders on the NBCC-I Mental Health Facilitation Model. (March 2010)
- **Liberia, West Africa.** Facilitated training at the Lott Carey Mission School on the Adolescent Brain and Behavior Modification Interventions. (June 2009)

National, State, and Local Conference Presentations and Trainings

- Co-trained on **“Healing the Healer: Utilizing Relational Ethics and Trauma Informed Care When Working With Supervisees,”** at the Texas Association for Counselor Education and Supervision Conference (2/27/20)
- Facilitated a round table discussion on **“Courageous Advocacy: Aligning Your calling with Student Needs,”** at the 2019 Association for Counselor Education and Supervision (10/10/19)
- Presented **“Aligning Services: Minimizing the disproportionate representation of underserved students with Mental Health and Learning Disabilities,”** at the Texas Society of Allied Health Professions, Lubbock, Tx. (9/19/19)
- Co-presented on **“Introduction to Trauma Informed Care and Addiction Services”** at the Texas Association of Addiction Professionals State Conference in San Antonio, Texas (9/5-7/19)
- **“Voices Out of the Wilderness: Counselors Perspectives and Experiences Regarding the Education of Black Boys with Mental Health Disabilities”** presented at the Association of Multicultural Counseling and Development 2019 Multicultural and Social Justice Counseling Summit (6/22/19)
- **“Counseling and Social Justice Responses to an Emerging Pattern of Genocide in the U.S.”** presented at the Association of Multicultural Counseling and Development 2019 Multicultural and Social Justice Counseling Summit (6/21/19)
- **Mental Health Facilitator Master Training,** Zoom training for the National Board for Certified Counselors International (6/7/19)
- **“In Terms of Domestic Terrorism: Counseling and Advocacy for African American Adult Males”** presented at the National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities (5/23/19).
- **“Legacies and Lifetimes: A Counselor Focused Exploration of Civil Rights Era Atlanta”** Served as an expert panelist at the National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities (5/22/19).
- **“Mastering the Mix: Plugging into your Professional Identity”** presented at the National Board For Certified Counselor Foundation 2019 Bridging the Gap Symposium, Eliminating Mental Health Disparities (5/21/19).
- **Mental Health Facilitator Master Training,** Zoom training for the National Board for Certified Counselors International (11/30/18)
- **“Multisystemic Approach to Cultural Disabilities and Awareness (MACDA) for African American Boys”** presented a poster session at the Texas Tech University, Health Sciences Center’s 2018 Endowed Lectures Series (9/2018)
- **“An Ecological Theory: School Counselor’s Effectiveness with African American Boys with Disabilities”** National webinar on behalf of the National Board of Certified Counselors Foundation (8/8/18)
- **“Mentoring and Your Personal Trajectory”** at the 2018 National Board for Certified Counselors Symposium (5/2018)
- **“Counseling African American Boys in a 21st Century Educational System: Traumatic Implications of Labeling and Biased Attitudes”** presented at the 2018 National Board for Certified Counselors Symposium, Washington, DC (5/2018)
- **“A Grounded Theory Study of School Counselors Perceptions and Effectives Regarding African American Boys with Disabilities, Who are Disproportionately Represented in Special Education”** Presented a Poster Session on Impact Objectives regarding Dissertation research at the National Board for Certified Counselors Foundation Symposium, Washington, DC (5/2018)
- **“Awakened Realities: Counseling and Advocacy for Minorities in a Sociocultural Crisis’** presented at the ACA 2018 Conference & Expo (4/2018)

- **“Two Sides of the Story: Filtering Clinical and Diagnostic Bias with Transitional African American Males”** presented at the NBCC Foundation Symposium, Raleigh, NC (5/2015)
- **“Treatment Services for African American Males”** facilitated as a round table discussion at the NBCC Foundation Symposium, Raleigh, NC (5/2015)
- **“Cross-Cultural Implementation of the Global Appraisal of Individual Needs (GAIN)”** presented at the Joint Meeting on Adolescent Treatment Effectiveness Conference; Baltimore, Maryland (11/2010)
- **“Using the GAIN in Clinical Assessments”** presented at the Joint Meeting on Adolescent Treatment Effectiveness Conference on Washington, D.C. (3/2008)
- **“GAIN Clinical Interpretation”** presented at the GAIN National Certification Training, Bloomington, Illinois (9/2007)

Honors and Awards

- Elected as a faculty member to Alpha Eta Society (5/8/2020)
- Featured in the Winter 2020 edition of Pulse: The Magazine of Texas Tech University Health Sciences Center
- Awarded the Visionary Leadership Coin by the Human Resources Office (9/10/2019)
- 2018-2019 Clinical Rehabilitation Counseling SGA Outstanding Faculty, Texas Tech University Health Sciences Center.
- Featured in the National Board for Certified Counselors Newsletter highlighting accomplishments (6/2019)
- Named on the Substance Abuse and Mental Health Services Administration as the June Fellow of the Month for the National Board for Certified Counselors, highlighting back ground, goals and accomplishments. (6/2019)
- Co-winner of the Translational and Clinical Research Development Course Research Proposal (4/2019).
- Recipient of a \$20,000 National Board for Certified Counselors Foundation 2017 Minority Fellowship Program Award. The fellowship is offered to deserving doctoral students who are committed to working with underserved minority communities.

Grants

- **Grant Not Funded:** Robert Wood Johnson Foundation, Interdisciplinary Research Leaders. Requested funding was for \$350, 000. Application was submitted on 3/13/2019.
- **Grant Funded:** “A Quantitative Study of Title I Principals’ Perceptions and Attitudes Regarding the Roles, Functions, and Practices of School Counselors” Texas Tech Health Sciences Center Awarded 10,000 Seed Grant to support study. (10/2018)
- **Grant Funded:** “A Qualitative Study of Title I Principals’ Perceptions and Attitudes Regarding the Roles, Functions, and Practices of School Counselors” Texas Tech Health Sciences Center Awarded 10,000 Seed Grant to support study. (10/2018)