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The Colorado Trust Supports Foundation Efforts



Tara Jackson

NBCC Foundation Scholar Tara Jackson completed her master’s degree in clinical counseling at Adams State University and now works in Durango and surrounding rural communities, meeting the needs of those in crisis. Ms. Jackson is fulfilling her commitment to this underserved population by helping them create an immediate plan for safety, healing and growth. The Colorado Trust awarded a \$31,000 grant to the NBCC Foundation to support more Colorado master’s-level

students who intend to provide counseling to rural and minority communities in Colorado.

The Colorado Trust is a health foundation dedicated to achieving health equity so that all Coloradans have a fair and equal opportunity to lead healthy, productive lives regardless of race, ethnicity, income or location of residence (learn more at www.coloradotrust.org). The NBCC Foundation is proud to partner with The Colorado Trust to make mental health care more accessible by providing scholarships to four counselors-in-training who commit to serve Colorado’s rural or minority communities after graduation. These scholars will receive additional training and mentoring to help them sustain these counseling resources.

The NBCC Foundation is working to provide scholarships for every educational institution in the country with counseling programs accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP). (For more on NBCC’s CACREP grant program, see page 14.) To be a part of the Colorado effort, visit the Colorado First page at www.razoo.com/story/Colorado-First.



This newsletter is published three times per year: winter, spring and fall. It is distributed by NBCC without charge to NCCs and NBCC Foundation supporters.

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The NBCC Foundation Congratulates 2013 Military and Rural Scholarship Recipients

Military Scholarship Recipients



Patrick J. Gallegos

Patrick Gallegos is both a student and graduate of the University of New Mexico, where he is pursuing a master's degree in clinical mental health counseling. Having served in the Army for over 10 years, Mr. Gallegos has experienced firsthand as a mental health specialist the great need for increased and enhanced mental health care. Upon graduation, he intends to work as a counselor with veterans suffering from post-traumatic stress disorder (PTSD).



Laura M. Harper

Laura Harper is a graduate of Mississippi State University and is enrolled in the clinical mental health counseling master's program at Gannon University. She first felt a calling to become a counselor during her multiple deployments to Iraq and Afghanistan as a staff sergeant in the Air Force. She plans to work within the Department of Veterans Affairs, helping her fellow men and women in uniform manage the stress of everyday life and cope with the mental challenges of military service.



Andria N. Hollingshead

Andria Hollingshead is a graduate of University of Maryland University College and is enrolled in the clinical mental health counseling master's program at the University of Nebraska at Kearney. After high school, she found her niche in the Army, where she served for over 12 years. Upon completion of her counseling degree, she hopes to work as a substance abuse counselor within the Department of Veterans Affairs.

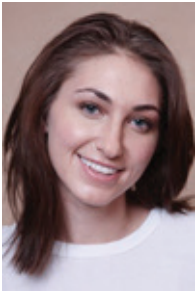


Alison N. Long

Alison Long is a graduate of University of Maryland University College and is pursuing a master's degree in clinical mental health counseling at Regent University. Ms. Long's passion has always been helping others, so after leaving active service in the Air Force as a weather forecaster, she decided to become a counselor and give back to the military community. After graduation, she plans to work directly with veterans, serving their needs.

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Jennifer J. Sluga

Jennifer Sluga is a graduate of the University of Wisconsin at Madison and is pursuing a master's degree in counseling at the University of Wisconsin at Whitewater. A traumatic experience in the Army and a work-study program in a veterans hospital led her to pursue a career in counseling. She hopes to obtain a position with the Department of Veterans Affairs after graduation so that she can serve fellow veterans.



Orion D. Wirick

Orion Wirick is a graduate of University of Maryland University College and is enrolled in the master's of counseling program at the University of Texas at San Antonio. Currently on active duty as a master sergeant in the Air Force, Mr. Wirick has proudly served his country for over 18 years. He looks forward to transitioning to his second career as a counselor serving the large military population in the San Antonio area.

Rural Scholarship Recipients



Rebecca L. Caldwell

Rebecca Caldwell is both a graduate and student at Eastern Kentucky University, pursuing a master's degree in school counseling. Born and raised in London, Kentucky, she is committed to serving her rural hometown as a school counselor upon graduation. In her work, she plans to address specific issues that plague her community, such as poverty and substance abuse.



Jennifer M. Doherty

Jennifer Doherty is a graduate of the State University of New York at Oneonta and is pursuing a master's degree in mental health counseling at Walden University. Currently employed as a senior case manager in her rural upstate New York town, she plans to provide the best counseling services possible after graduation. As a counselor, her goal will be to give clients the tools and supports to move forward in life and make meaningful change.



Amber L. Knaffle

Amber Knaffle is pursuing a master's degree in mental health counseling at Walden University and is a graduate of Central Michigan University. A proud native and resident of Cheboygan, Michigan, she is dedicated to supporting her community as a counselor. After graduation, she looks forward to opening a counseling center and expressive arts studio and providing these needed services to her small town.

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The NBCC Foundation Announces 2014 Minority, Military and Rural Scholarship Recipients

The NBCC Foundation is pleased to announce the 2014 minority, military and rural scholarship recipients. These 18 Scholars were selected from 278 applicants through a very competitive process. The minority scholarship is the newest addition to the program, and the Foundation has been able to offer it as a direct result of continued support from donors.

Congratulations, Minority Scholars

Khadijah Bradford, Governors State University
Desiree Godfrey, Southeastern Louisiana University
Jennifer Miller, Regis University
Natasha Moharter, University of New Mexico
Jessica J. Ordonez, University of North Carolina at Charlotte
Kim Singh, Xavier University

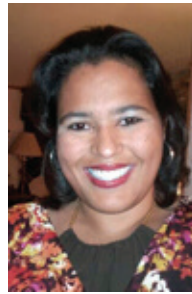
Congratulations, Military Scholars

Michelle Adams, Loyola University
Maria A. Cicio, Loyola University
Joy McCrady, Loyola University
Onyema Okorie, Capella University
Elizabeth Sherr, Regis University
Derek Smith, Jacksonville State University

Congratulations, Rural Scholars

Sheena Freeman, Walden University
Courtney Koch, MidAmerica Nazarene University
Lucy Kyne, Sonoma State University
Bonnie McClurd, University of North Georgia
Collin R. Nordby, Indiana University of Pennsylvania
Dorice Timko, University of Southern Maine

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Regina H. Moore

Regina Moore is a graduate of North Carolina Wesleyan College and is enrolled in North Carolina Agricultural and Technical State University's school counseling master's program. Having grown up in Davidson County, North Carolina, she is currently giving back to her hometown by working as a graduation coach in a local school. After graduation, she looks forward to continuing to serve her area as a school counselor, inspiring students to achieve their dreams.



Donna Miller Parks

Donna Parks is a graduate of Ashford University and is enrolled in Capella University's mental health counseling master's degree program. A 20-year resident of a rural and remote area in Arkansas, Ms. Parks has already served her community for many years as a mental health paraprofessional. She has accepted a job offer and is excited to serve her small town as a counselor upon graduation.



Erica L. Perry

Erica Perry is a graduate of the University of Pittsburgh and is pursuing a master's degree in school counseling at Slippery Rock University. Although she was raised in the suburbs of Pittsburgh, Ms. Perry has a deep love for rural areas and the people of those communities. Ms. Perry is currently serving her rural community through her practicum at a local school. Upon graduation, she plans to obtain a position as a school counselor in a nearby rural area.

Support a Foundation Scholar!

Donate to the NBCC Foundation today at
www.nbccf.org/donate.

The NBCC Foundation Congratulates 2013 GCDF Scholarship Recipients

The NBCC Foundation recently awarded the first two international Global Career Develop Facilitator (GCDF) scholarships to Ileana Luminita Balasoiu and Madalina Zaharia, both of Bucharest, Romania. The domestic GCDF scholarship was awarded to Angela Robinson of Moncks Corner, South Carolina. Each of the three students, who are currently involved in the GCDF program, received a \$5,000 scholarship to support their counseling education. The Romanian award ceremony took place at an international conference in Bucharest, Romania, and the ceremony for Ms. Robinson took place at The Citadel, in Charleston, South Carolina.

Ms. Balasoiu received her undergraduate degree in

educational sciences at the University of Bucharest, where she is pursuing a master's degree in school counseling and career development and is enrolled in the GCDF training program. She currently works as a kindergarten teacher, but looks forward to practicing as a career counselor in order to further develop the profession in Romania.

Ms. Robinson received her B.A. in English from the University of South Carolina and her M.S. in English from the State University of New York at New Paltz. She is currently pursuing a master's degree in secondary school counseling at The Citadel. She obtained the GCDF credential in 2007 because she wants to provide meaningful assistance to students in preparation for life after high school.

Ms. Zaharia is pursuing a master's degree in school counseling and career development at the University of Bucharest, where she is also enrolled in the GCDF training program. While she pursues her education for a future counseling career, Ms. Zaharia also conducts courses for children and teachers on storytelling as an educational tool, through the organization she started.

The NBCC Foundation thanks our corporate sponsor the Center for Credentialing & Education (CCE) for financial support of the GCDF scholarships.



GCDF scholarship recipient Angela Robinson (L) with NBCC Foundaton Program Coordinator Shahnaz Khawaja



(L to R) NBCC Board member Dr. Kylie Dotson-Blake, GCDF scholarship recipients Madalina Zaharia and Ileana Luminita Balasoiu, and European Board for Certified Counselors (EBCC) Vice President Dr. Andreea Szilagyi

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Dr. Richard Percy in honor of Fred Adair

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A planned gift to the NBCC Foundation leaves a powerful and positive legacy. Consider the following options for a planned gift:

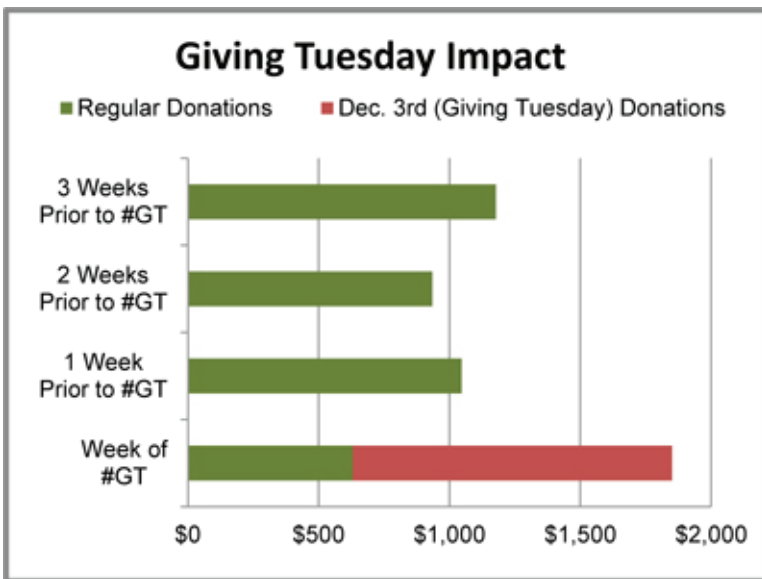
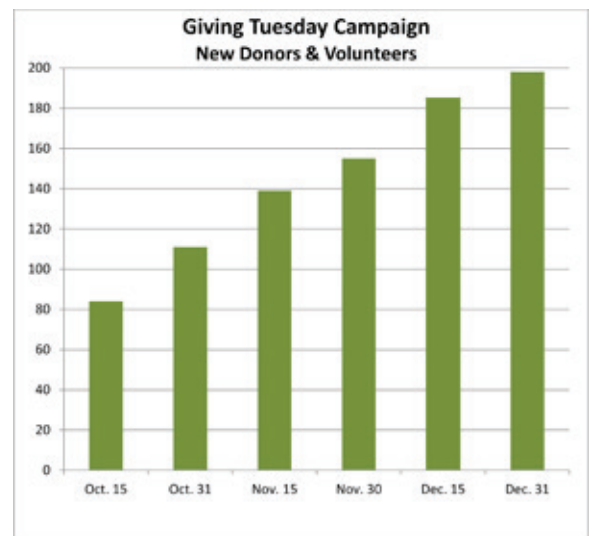
- Will bequests;
- Charitable remainder trusts;
- Charitable lead trusts;
- Life insurance;
- Retirement plans and IRAs;
- Charitable gift annuities;
- Real estate; and
- Stocks, bonds or other personal property.

Sample bequest language is available on the Foundation Web site at www.nbccf.org/planned_gift/. Foundation Executive Director Sherry Allen is glad to discuss your philanthropic goals and provide further information to you, or your agent or financial advisor. E-mail her at allen@nbcc.org or call 336-232-0376.

Thank You for Bringing Counseling to Giving Tuesday

The NBCC Foundation was pleased to partner with #GivingTuesday in 2013 to bring counseling to this national day of charitable giving for the first time. Giving Tuesday occurs annually on the Tuesday following Thanksgiving, Black Friday and Cyber Monday.

According to Blackbaud, a provider of cloud-based donor management software, online giving on December 3, 2013, (Giving Tuesday) increased 90 percent compared to the first Giving Tuesday in 2012. The Foundation's Giving Tuesday campaign ran from October 1 to December 31, during which nearly 200 new donors and volunteers joined the Foundation's efforts, surpassing the goal of \$10,000 by mid-December. The Foundation thanks all the generous donors who helped bring counseling to #GivingTuesday, and looks forward to an even more impressive outcome next year.



Week of Giving Tuesday	Regular Donations	December 3 (Giving Tuesday) Donations
Week of Giving Tuesday	\$ 630.00	\$1,221.00
1 Week prior to Giving Tuesday	\$1,046.30	
2 weeks prior to Giving Tuesday	\$ 935.00	
3 weeks prior to Giving Tuesday	\$1,177.00	

NBCC Foundation Featured Volunteer Reviewer



Lynnée Michelle Ryan

Lynnée Michelle Ryan has served as a volunteer reviewer for the NBCC Foundation's 2013 Global Career Development Facilitator (GCDF) scholarship and the 2014 rural scholarship. She is a National Certified Counselor (NCC) and a licensed professional counselor in North Carolina and Illinois, and recently earned her Doctor of Education in educational leadership with an emphasis in higher education. Her undergraduate degree was in speech communications and education, and she earned her master's in counseling from Chicago State University. Dr. Ryan is

particularly interested in teaching online and continuing to provide mental health counseling services. Prior to relocating to North Carolina, she worked as a guidance counselor in the Chicago Public Schools. Currently, she works as an academic counselor at North Carolina Central University and a part-time mental health counselor. She enjoys reading, exercising, traveling and going to the farmers market.

In speaking of her experience as a volunteer reviewer for the NBCC Foundation, Dr. Ryan says: "I enjoyed the experience. The [software] used to answer questions about the candidates was extremely user-friendly. Because the process was streamlined, reviewing the applications and providing feedback was not arduous; in fact, it was quite enjoyable. This was not a daunting task, but an enjoyable one. The online training I received was extremely helpful and detailed. The training was interactive, and I liked the format. It was nice to be able to hear and see some of the other reviewers."

Volunteers Expand NBCC Foundation Resources

As volunteers, many National Certified Counselors (NCCs) are joining the NBCC Foundation in leveraging the power of counseling by strategically focusing resources for positive change. NBCC Foundation volunteers play a key role in developing sustainable, effective counseling resources for underserved and never-served populations, both nationally and globally. Serving in the capacity of mentors, trainers, supervisors, resource professionals, scholarship reviewers, advisory council members and Board members, these individuals contribute their time and energy as "in-kind" donations and help fuel the momentum of NBCC Foundation Scholars and Fellows.

Sixteen doctoral-level NCCs volunteered as mentors for the NBCC Minority Fellowship Program (MFP) Fellows in 2013. NBCC Foundation mentors are available to support Fellows

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The NBCC Foundation wants to know how you plan to celebrate Mental Health Month this May. We will be highlighting events that are geared toward positive change in underserved communities around the globe. We are especially interested in recognizing the efforts of NCCs and donors.

E-mail us at foundation@nbcc.org or post to our Facebook page at www.facebook.com/NBCCFoundation.

NBCC Foundation Minority Fellowship Program Update

The NBCC Foundation is pleased to announce the successful completion of the application phase for the second round of the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). The 22 Fellows will be announced by May 1, 2014. The application period for the third round of the NBCC MFP will open on November 1, 2014, and will close on December 31, 2014. The Foundation will seek volunteer MFP mentors for the third round of Fellows in January 2015.

The NBCC MFP is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities that are open to all National Certified Counselors. The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.



Giving Society Updates

Dr. Lloyd A. Stone Pinnacle Society

The Dr. Lloyd A. Stone Pinnacle Society is in memory of Dr. Stone's enduring legacy to the counseling profession. The Pinnacle Society gratefully recognizes donors who make substantial investments in the counseling profession through the NBCC Foundation, with donations starting at \$50,000.

Pinnacle Society Members

Dr. Thomas Lovett

Counseling Legacies Society

The NBCC Foundation thanks the members of the Counseling Legacies Society. The society recognizes donors whose dedicated support makes the Foundation's enduring contributions to the underserved possible. Donors' lifelong giving is acknowledged at the following levels:

- Supporter (\$1,000–\$4,999);
- Facilitator (\$5,000–\$9,999);
- Mentor (\$10,000–\$24,999); and
- Advocate (\$25,000–\$49,999).

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Dr. Wayne Lanning	Dr. Sue Fort White

NBCC Joins Forces With Continuing Education Providers

The National Board for Certified Counselors (NBCC) has partnered with the White House's Joining Forces initiative (www.joiningforces.gov), a national initiative to assist military families. NBCC's Board of Directors has pledged to make training and education in culturally and clinically appropriate care for service members, veterans and their families easily accessible and affordable to the more than 52,000 National Certified Counselors (NCCs). NBCC is honored to participate in this effort and asks NBCC Approved Continuing Education Providers (ACEPs) to help fulfill this pledge.

ACEPs play an integral role in the counseling profession by focusing on professional identity, counseling trends, and developing current and relevant programming to help NCCs meet the needs of their clients. NBCC is inviting ACEPs to assist NBCC in this new and unique opportunity to help counselors find quality affordable continuing education so that they can better provide mental health services to our nation's service members, veterans and their families.

NBCC lists all ACEPs online, at www.nbcc.org/CESearch, with direct links to their specific continuing education Web sites. Beginning summer 2014, NBCC will also highlight organizations that commit to offer quality, affordable NBCC-approved clock hours designed to aid in the Joining Forces initiative.

ACEPs committing to participate with NBCC and the Joining Forces initiative sign a pledge to do two or more of the following:

- Offer programs to increase awareness about

military culture and the mental health needs of service members, veterans and their families;

- Offer programs on evidence-based treatments that have proven effective when working with issues that are prominent with service members, veterans and their families, including but not limited to post-traumatic stress disorder, traumatic brain injury, secondary stress, trauma, survivor guilt, grief and addiction, as well as family issues such as abandonment, anxiety, grief and domestic violence;
- Provide resources to schools and universities regarding the mental health needs of service members, veterans and their families;
- Offer discounts for programs specific to helping train counselors on the mental health needs of service members, veterans and their families; and
- Offer tangible and user-friendly resources for counselors to aid their clients with military-related mental health concerns.

By making this commitment, ACEPs can help to train the NCCs who are addressing the mental and emotional needs of service members, veterans and their families. NCCs will also be able to quickly and easily access affordable continuing education from approved providers so that they can meet the ever-growing needs of these clients who have given so much. The NCC Foundation is an ACEP and has taken the Joining Forces initiative pledge.

Please contact continuinged@nbcc.org with any questions about this commitment.



NBCC Foundation Announces Photo Contest

The NBCC Foundation announces its second photo contest. Entry into the contest will be open to active NCCs and voting for photos will be open to the public. Winning photos will be used for the next group of Foundation Honor Cards, which donors can use to acknowledge that a donation has been made in recognition of an individual.

The theme of the photo contest is winter holiday photos, and the Foundation encourages photos that represent its priority areas of military, minority and rural populations. Watch for an e-mail announcement soon with more details.

Volunteers Expand NBCC Foundation Resources

as they further develop areas of expertise, conduct research and complete their doctoral degree. The mentor program will expand to include the scholarship program in 2014 in order to address the challenge of implementing sustainable counseling practices in underserved and often under-resourced communities.

The NBCC Foundation kicked off 2014 with 53 scholarship reviewers, the largest number to date. These dedicated individuals completed an online training and evaluated a record number of 278 scholarship applications for the military, minority and rural scholarships. Volunteer reviewers enable the Foundation to invest donors' gifts to increase the number of scholarships that are effectively awarded. The NBCC Foundation launched its international volunteer program with the pilot project in Romania to support the 2013 GCDF scholarship recipients.

The NBCC Foundation is constantly seeking to develop collaborative partnerships with NCCs. If you are interested in joining the Foundation family as a volunteer, please submit a letter of interest and curriculum vitae to foundation@nbcc.org, subject line "volunteer." For more information on volunteer opportunities and to meet our featured volunteers, please visit www.nbccf.org.



The NBCC Foundation thanks our volunteers!

NBCC Foundation Announces New Webinar Series

The NBCC Foundation is proud to announce its latest webinar training series, Building Professional Excellence. This series of webinars is designed specifically to provide ongoing training for Foundation scholarship recipients. This new webinar series is offered at no cost to Foundation Scholars, Fellows, and all NCCs and Global Career Development Facilitators (GCDFs) in good standing, and one hour of continuing education credit is available for attending each webinar. The live webinars are recorded and made available via i-counseling, also at no cost. Optional documentation of one continuing education clock hour through i-counseling is available for a \$10 processing fee.

The NBCC Foundation is also proud to announce the continued success of its first webinar series, Innovations in Counseling: Working With Minority Populations. This training series is part of the NBCC Minority Fellowship Program (MFP) and is made possible by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). The series provides additional training resources for the 24 inaugural MFP Fellows and is also available at no cost to Foundation Scholars and all NCCs and GCDFs in good standing. All 289 participants who completed the survey for Session 5: Arab-American Perspectives on Counseling said that they would attend another workshop presented by the Foundation.

Look for announcements of future sessions of both webinar series by e-mail and at www.nbccf.org/webinar.

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NBCC Announces Grant for Programs Seeking CACREP Accreditation

On February 1, 2014, the National Board for Certified Counselors and Affiliates (NBCC) launched a unique assistance initiative for regionally accredited institutions seeking first-time accreditation from the Council for Accreditation of Counseling & Related Educational Programs (CACREP) for master's-level counseling programs. Institutions with tracks currently approved by CACREP are not eligible at this time.

As counselors are increasingly met with federally mandated requirements for education, NBCC has recognized that it can help schools that are considering accreditation. Assisting schools with funding to better establish counselor professional identity has become an important part of NBCC's commitment.

Funds will be awarded to university programs in three phases: \$2,500 for the preapplication phase, \$2,500 for the application phase and \$4,000 for the site visit phase. These phases coincide with the seven steps of the CACREP accreditation process. Institutions can submit an initial application for this grant during the first two phases. Institutions that successfully complete one phase will be eligible for funds for the subsequent phases. Fifteen CACREP accreditation assistance grants will be available in the first year.

The application period for the 2014–2015 academic year opened February 1, 2014, and closes May 15, 2014. The grant application and instructions are available at www.nbcc.org/faculty. For questions about the grant and application process, please contact campusinquiry@nbcc.org.



The NBCC Foundation is on Facebook!

"Like" us on Facebook for the latest updates on our our programs.

We look forward to seeing you there!



3 Terrace Way
Greensboro, NC 27403-3660

TEL: 336-232-0376
FAX: 336-547-0017
WEB: www.nbccf.org

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