



PRESS RELEASE

NBCC Foundation

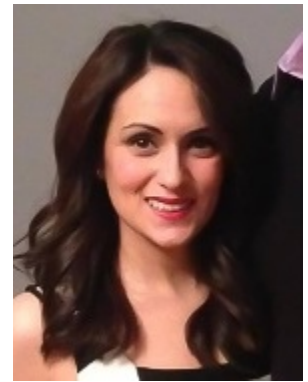
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FOR IMMEDIATE RELEASE

May 21, 2015

Christina C. Martinez Awarded \$11,000 Counseling Fellowship From NBCC and Affiliates

Brockport, NY—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Christina C. Martinez, of Rochester, NY, for the NBCC Minority Fellowship Program-Addictions Counselors (MFP-AC). As an NBCC MFP-AC Fellow, Martinez will receive funding and training to support her education and facilitate her addictions counseling service to underserved minority transition-age youth (ages 16–25).



The NBCC MFP-AC is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-AC, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute \$11,000 to Martinez and the other master's-level addictions counseling students selected to receive the fellowship award. Martinez is both a student and graduate of the State University of New York at Brockport, where she is currently enrolled in the master's in school counseling program. Because substance and alcohol abuse affect more than the person who is using, including family, school and community, she plans to offer individual and group counseling not only within school-based programs but also within community-based settings. She would like to focus on addiction and substance abuse issues in urban and at-risk communities. Involving the families and communities in which the client lives will be imperative, as they all play significant roles in the prevention, intervention and recovery of addiction. This fellowship will allow her to create such a program.

The Foundation plans to open the next NBCC MFP-AC application period in September 2015. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 55,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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