A Counselor's View of Ireland - 2022

...an international institute and refereed conference for undergraduate students, counseling graduate students, counselors, supervisors and counselor educators

University of Holy Cross
New Orleans, Louisiana

in partnership with

NBCC International Capacity Building
National Board for Certified Counselors
Greensboro, North Carolina

www.nbcc.org

Two Separate Institutes are Being Offered in 2022

July 12-23, 2022 (Institute One)
and
July 26 – August 6, 2022 (Institute Two)

Both in Dublin, Ireland

The institute experience:

- This institute provides the opportunity to learn about counseling from Irish and American counselors. It offers the comfort and security of a planned itinerary. Participants stay the entire period of the institute in Dublin on the campus of Trinity College, sometimes called the Harvard of Ireland. In addition to lectures on counseling in Ireland and the Irish culture, participants will spend a whole day in Belfast, Northern Ireland and will spend another day at a conference with Irish counselors who are members of the Irish Association for Counselling and Psychotherapy. The city of Dublin, Powerscourt house and gardens, the Glendalough valley, and the campus of Trinity College will be toured, including a visit to the Book of Kells. A musical show (Riverdance), an evening with dinner and Irish dancing, and additional meals on campus and in pubs and restaurants are included. This institute is sponsored by the University of Holy Cross in partnership with NBCC International Capacity Building, a division of the National Board for Certified Counselors. All costs indicated are in United States Dollars (USD).

- The University of Holy Cross has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4268. Programs that do not qualify for NBCC credit are clearly identified. The University of Holy Cross is solely responsible for all aspects of the programs.
Lake at Glendalough

Ha’Penny Bridge in Dulbin
COVID-19 Announcement:

We anticipate that international travel will have returned to normal by July of 2022. However, if Ireland or the United States imposes any type of restrictions on international travel at that time, participants will have to conform to participate in an institute. It is possible that either Ireland or the United States may require either proof of COVID-19 vaccinations and/or a recent negative COVID-19 test, but there is no way to know for sure at this time.

Cost:

- $2,950 United States Dollars (USD) Program Fee

Included in the program fee:

- Room (single room in apartment with one other person and shared bath).
- Breakfast daily, six lunches, and three dinners.
- 25 continuing education hours (including 3 hours in ethics).
- Transportation within Ireland for tours.
- Health and travel Insurance.
- Entry to tour locations.
- 3 academic credits for degree-seeking University of Holy Cross students.
  - ½ tuition for students from other universities earning academic credit at University of Holy Cross (if academic credit is desired).
  - See details below for the earning academic credit option.

Not included in the program fee:

- Your roundtrip airfare from your home to Dublin Airport (DUB).
- Four lunches and seven dinners.
- Special beverages at group meals.
- Personal purchases and gifts.
- Transportation from Dublin airport to Trinity College upon arrival and from Trinity College to Dublin airport upon departure. Easy to use buses are available each way for €7 or taxis are available for about €20 to €25.
- Shared taxi fare to/from your on-site counseling agency visit.
- Tours or museums arranged on your own.
- Tuition for participants who wish to earn academic credit if they are not University of Holy Cross degree seeking students. See details below.

Credit options at the University of Holy Cross:

- 3 graduate credits in counseling (master’s or doctoral level)
- 3 undergraduate credits in psychology or counseling
- See detailed information below regarding credit course options at the University of Holy Cross and other universities.

Application Information:

There are two institutes in 2022…be sure to register for the correct one!

To apply for Institute One which will be held July 12-23, 2022, click on this link, complete the application, and submit your payment:

To apply for Institute Two which will be held July 26 – August 6, 2022, click on this link, complete the application, and submit your payment:


You can either pay the deposit (and make two additional payments) or make the full payment when you apply. There is no deadline for applying, but once the institute has filled, no additional participants will be accepted. Capacity is limited so early applications are encouraged.

Payment Information:

Program Fee: $2,950 USD

Payment Schedule:
$300 USD deposit due upon approval of application.
$1,325 first payment due on February 15, 2022;
$1,325 USD final payment due on May 15, 2022.

Financial Aid: Students who receive loans for their education may be eligible for increased loan amounts the semester they enroll in a study abroad program. Students who wish to make a presentation at an institute might be able to apply at their universities for travel to refereed conferences, if such funding exists. Very few grants exist for international study abroad experiences. If you need a budget for the institute to give to your financial aid officer at your university or if you need additional information about financial aid, contact the program director, Dr. Ted Remley at tremley@uhcno.edu.

Refunds:

COVID-19 Refunds: In 2020, we had to cancel our international institutes due to the COVID-19 pandemic. In the event there are travel restrictions when these two institutes are held due to COVID-19 or any other similar world event, all payments made, including deposits, will be refunded, as happened in 2020.

Deposits: Deposits of $300 USD are not refundable.

Participants Who Withdraw: Payments made in addition to the $300 USD deposit are fully refundable until February 15, 2022 if participants withdraw. From February 15, 2022 to May 15, 2022, participants who withdraw will receive a refund of payments made in addition to the deposit less $1,000 USD due to nonrefundable deposits that will have been previously paid for participants and administrative costs. After May 15, 2022, participants who withdraw will receive no refund.

Institute Cancellation Policy: Three months prior to the institute, if enrollment is not sufficient, the institute will be canceled, participants will be notified, and all payments including deposits made to the University of Holy Cross for the institute will be refunded to participants. Participants are cautioned that if they purchase air tickets for travel to the institute that are nonrefundable or that include an itinerary change penalty and the institute is canceled due to low enrollment or for any other reason beyond the control of the university, they will be responsible for any financial loss related to such airfare purchases. This will be the 18th year of international counselor institutes directed by Dr. Ted Remley and the Ireland institute has never been canceled in the past due to low enrollment, but was not held in 2020 and 2021 due to the COVID pandemic. The institute sometimes fills up in November or December of the previous year.
Institute is an Educational Group Experience:

Participants in this institute are members of a large group and must be prepared to be part of a group educational experience. Individuals must be on time for bus trips, take other participants into consideration regarding noise at night, and generally be considerate members of a group. Participants (including faculty, students, professionals, and non-counselors) must make a commitment to arrive on the date and time the institute begins and stay until the date and time that the institute ends. If other obligations or personal interests will preclude participants from being with the group throughout the entire institute, individuals should not apply. During the institute, participants may not engage in any of the following: arrive after the institute begins or leave before the institute is over; rent cars to be used while the institute is in session; plan trips to cities other than those scheduled for the institute except on the free days; spend nights away from the institute site; or engage in other activities that interfere with the group nature of the experience for other participants.

It is acceptable for participants to schedule personal trips within Ireland or to other countries prior to or after the institute. Individuals who wish to visit other cities on their own while they are in Ireland must schedule their visits either prior to the institute beginning or after the institute has ended.

Non-Counselor Participants:

Many non-counselors and non-mental health professionals have participated in international counseling institutes in the past. Spouses, partners, adult children, relatives, or friends of participants are welcomed to participate. All participants will receive continuing education hours which are included in the institute fee. All lectures and workshops are open to all participants, but for non-counselors are optional. Non-counselor participants must attend some sessions including orientation and closing meetings. Non-counselors are welcomed to participate in the institute, but there are no discounts for participants who are not mental health professionals, even if they cannot use the continuing education hours they earn. Only institute participants are allowed to stay with institute participants at Trinity College during the dates of the institute.

Trinity College

Founded in 1592, Trinity is at the nexus of tradition and innovation, offering undergraduate and postgraduate programs across 24 schools and three faculties: arts, humanities, and social sciences; engineering, mathematics and science; and health sciences. Spread across 47 acres in Dublin’s city centre, Trinity’s 17,000-strong student body comes from all 32 counties of Ireland, and 16% of students come from outside the country.
Participants in the 2019 Ireland Institute at Powerscourt Home and Gardens

Botany Bay where Participant Apartments are Located
Seeing Ireland or Other Countries Before or After the Institute: Since round trip airfare from the United States to the airport in Dublin is individually arranged, participants may travel to Dublin early and join the group at Trinity College the day the institute begins. Participants also may stay over after the institute ends if they wish to further explore Ireland or other parts of Europe on their own. Those who stay afterwards may choose to return home from a city other than Dublin. Generally, airfare prices are not more expensive if you fly into one city and country and out of another. Short one-way flight to countries close to Ireland and to other cities in Ireland can be purchased separately.

Staying at Trinity College Dublin Before or After the Institute: If you arrive in Dublin before the group or plan to leave Dublin after the group, it may be possible for you to arrange to stay at Trinity College Dublin. It depends on availability of rooms at Trinity College at the time you make your request. If you want to make arrangements to stay at Trinity College Dublin before the institute begins or after it is over, indicate the days you want to do that when you apply for the institute by sending an email message to Dr. Ted Remley at tremley@uhcnpo.edu. If you decide you want to stay at Trinity College after you have applied, then send an email request to Dr. Ted Remley at tremley@uhcnpo.edu at least a month prior to the institute beginning date.
<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>2022</td>
<td>Year</td>
<td></td>
</tr>
<tr>
<td>July 12</td>
<td>Tuesday</td>
<td>Depart US; arrive at the Dublin Airport (DUB) on July 13.</td>
</tr>
<tr>
<td>July 13</td>
<td>Wednesday</td>
<td>Arrive at Dublin Airport; take bus or taxi to Trinity College on your own and check in at the Accommodations Office; Generally apartments are not ready to be checked in until about 2:00 pm; Lunch on your own; Afternoon free; Introductions and Orientation to institute from 5:30-7:30 pm in classroom; Dinner with group provided; Evening free.</td>
</tr>
<tr>
<td>July 14</td>
<td>Thursday</td>
<td>Breakfast provided at the Buttery; 9:30 am: fast-track (front of the line) tour of the Book of Kells; Tour of Trinity Campus; Lunch provided at the Buttery; 2:00 pm – 5:15 pm: “Irish History and Culture” by Dr. Conor McNamara, National University of Ireland - Galway; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 15</td>
<td>Friday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch provided at the Buttery; Afternoon bus tour of Dublin with guide; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 16</td>
<td>Saturday</td>
<td>Breakfast provided at the Buttery; Free day; Lunch on your own; Dinner on your own; Evening free (book in advance if you want to visit on your own Galway or other Irish locations for the day).</td>
</tr>
<tr>
<td>July 17</td>
<td>Sunday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch on your own; 1:30-3:00 pm: Presentation; 5:00 pm, Riverdance Musical, Gaiety Theatre; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 18</td>
<td>Monday</td>
<td>Breakfast provided at the Buttery. Full day and evening bus trip to Belfast; Bus departs at 8:30 am; Meeting with judge; Lunch provided; Black Taxi Tour; Titanic tour; Dinner provided on the way back to Dublin; Arrive at campus around midnight.</td>
</tr>
<tr>
<td>July 19</td>
<td>Tuesday</td>
<td>Breakfast provided at the Buttery; Site visits individually assigned for two hours in the morning; Lunch and Dinner on your own; Afternoon and evening free.</td>
</tr>
<tr>
<td>July 20</td>
<td>Wednesday</td>
<td>Breakfast provided at the Buttery; Full day conference with Irish counsellors; Lunch provided; Reception with complimentary beverages and snacks provided after conference; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 21</td>
<td>Thursday</td>
<td>Breakfast provided at the Buttery; All day guided tour of Glendalough and Powerscourt House and Gardens; Lunch provided; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 22</td>
<td>Friday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch provided at the Buttery; Afternoon free; Farewell dinner and entertainment with group.</td>
</tr>
<tr>
<td>July 23</td>
<td>Saturday</td>
<td>Depart for the US; Take either bus or taxi from Trinity College to Dublin airport on your own.</td>
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Institute Two  
July 26 – August 6, 2022

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>2022</td>
<td>Year</td>
<td></td>
</tr>
<tr>
<td>July 26</td>
<td>Tuesday</td>
<td>Depart US; arrive at the Dublin Airport (DUB) on July 27.</td>
</tr>
<tr>
<td>July 27</td>
<td>Wednesday</td>
<td>Arrive at Dublin Airport; take bus or taxi to Trinity College on your own and check in at the Accommodations Office; Generally apartments are not ready to be checked into until about 2:00 pm; Lunch on your own; Afternoon free; Introductions and Orientation to institute from 5:30-7:30 pm in classroom; Dinner with group provided; Evening free.</td>
</tr>
<tr>
<td>July 28</td>
<td>Thursday</td>
<td>Breakfast provided at the Buttery; 9:30 am: fast-track (front of the line) tour of the Book of Kells; Tour of Trinity Campus; Lunch provided at the Buttery; 2:00 pm – 5:15 pm: “Irish History and Culture” by Dr. Conor McNamara, National University of Ireland - Galway; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 29</td>
<td>Friday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch provided at the Buttery; Afternoon bus tour of Dublin with guide; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>July 30</td>
<td>Saturday</td>
<td>Breakfast provided at the Buttery; Free day; Lunch on your own; Dinner on your own; Evening free (book in advance if you want to visit on your own Galway or other Irish locations for the day).</td>
</tr>
<tr>
<td>July 31</td>
<td>Sunday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch on your own; 1:30-3:00 pm: Presentation; 5:00 pm, Riverdance Musical, Gaiety Theatre; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>August 1</td>
<td>Monday</td>
<td>Breakfast provided at the Buttery. Full day and evening bus trip to Belfast; Bus departs at 8:30 am; Meeting with judge; Lunch provided; Black Taxi Tour; Titanic tour; Dinner provided on the way back to Dublin; Arrive at campus around midnight.</td>
</tr>
<tr>
<td>August 2</td>
<td>Tuesday</td>
<td>Breakfast provided at the Buttery; Site visits individually assigned for two hours in the morning; Lunch and Dinner on your own; Afternoon and evening free.</td>
</tr>
<tr>
<td>August 3</td>
<td>Wednesday</td>
<td>Breakfast provided at the Buttery; Full day conference with Irish counsellors; Lunch provided; Reception with complimentary beverages and snacks provided after conference; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>August 4</td>
<td>Thursday</td>
<td>Breakfast provided at the Buttery; All day guided tour of Glendalough and Powerscourt House and Gardens; Lunch provided; Dinner on your own; Evening free.</td>
</tr>
<tr>
<td>August 5</td>
<td>Friday</td>
<td>Breakfast provided at the Buttery; 9:00-10:30 am: Presentation; 10:45 am - 12:15 pm: Presentation; Lunch provided at the Buttery; Afternoon free; Farewell dinner and entertainment with group.</td>
</tr>
<tr>
<td>August 6</td>
<td>Saturday</td>
<td>Depart for the US; Take either bus or taxi from Trinity College to Dublin airport on your own.</td>
</tr>
</tbody>
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Participants will receive a program at the institute with the following information for each presentation: program content description and learning objectives; name and qualifications of each program presenter; and the number of NBCC hours offered for each workshop.
Institute Faculty Members

Dr. Ted Remley
Dr. Pat Thomas
Dr. Becky Michel
Dr. Terry Christensen
Dr. Kathleen Levingston
Dr. Suzanne Whitehead
Dr. Bill Casile

Institute Director

Dr. Ted Remley

Dr. Ted Remley is the Director of the institute. He is a lawyer and counselor and is a former Executive Director of the American Counseling Association. Dr. Remley is a faculty member in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.
Institute Faculty Members

Dr. Pat Thomas

Dr. Pat Thomas is a former high school counselor and is a faculty member in the Counseling Graduate Program at the University of Holy Cross in New Orleans, Louisiana.

Dr. Becky Michel

Dr. Becky Michel is a faculty member at DePaul University in Chicago, Illinois. She is a Licensed Clinical Professional Counselor specializing in career development across the lifespan.

Dr. Terry Christensen

Dr. Teresa Christensen is a Professor of Counseling at Regis University in Denver, Colorado. She is a Registered Play Therapist Supervisor. Dr. Christensen maintains a part-time private practice where she has counseled children, adolescents, and families for over 20 years.
Dr. Kathleen Levingston is the Faculty Support and Development Coordinator in the Clinical Mental Health Counseling graduate program at Walden University. Dr. Levingston is a Licensed Professional Counselor and a Registered Play Therapist Supervisor specializing in counseling children, adolescents, and their families.

Dr. Suzanne Whitehead has over 45 years of experience in the human service profession. She has worked as a Respiratory Therapist Supervisor, Substance Abuse Treatment Clinic Program Director, Rape Crisis Center Executive Director, School Counselor Supervisor, Quality Assurance Chief for State Department of Health Substance Abuse Division, and has taught full-time for six years as a Counselor Educator. Suzanne is currently the Program Coordinator of the Counselor Education department at California State University, Stanislaus, and is a Licensed Mental Health Counselor, National Certified Counselor, and Licensed Addiction Counselor. Her research interests have centered around helping the disenfranchised in our nation - substance abusers/addicts, immigrants, refugees, DACA/Dreamers, and Native Americans - as well as a focus on crisis counseling, and utilizing alternative holistic wellness techniques and strategies for clients and counselors.

Dr. Bill Casile is a recently retired Professor of Counseling from Duquesne University in Pittsburgh, Pennsylvania. He contributed to the design of doctoral degree programs at Duquesne University and has a history of making international learning opportunities available to students.
Motion Sickness

Caution: If you tend to experience motion sickness, please be advised that the institute involves several bus rides through the countryside on winding roads. If motion sickness is a serious problem for you, then you may not want to participate in this institute. If medication can control motion sickness for you, then be sure to bring a supply with you and sit near the front of the bus. The two front rows of seats in the bus are reserved for faculty members and guides, but seats near the front will be available for you if you believe your motion sickness will be alleviated by sitting near the front.

Vegetarians
The cafeteria that serves breakfast and lunch is vegetarian friendly. Vegans can also be accommodated. If you have special dietary needs, please list them on your application. Served lunches and dinners will offer dietary options if requested.

The Buttery where Breakfast and Lunch are Served
Credit Course Options

Participants who will earn academic credit and continuing education hours are required to attend program sessions.

Tuition is waived for degree-seeking University of Holy Cross students. UHC students may earn 3 academic credits for their participation in the institute without paying tuition.

Participants who are students at other universities may earn academic credit for their participation in the institute at their home college or university or from the University of Holy Cross. Participants who are students at another university may either earn credits at UHC (and pay the tuition to UHC at one-half the tuition rate) and transfer the credits back to their home institutions, or, if a faculty member at the student's home institution agrees, the student may earn academic credit (and pay tuition) at their home institution. Tuition may increase for the 2021-2022 academic year. UHC tuition in 2020-2021 for undergraduate courses is $560 USD per credit hour or $1,680 USD for a 3 credit undergraduate course. UHC tuition in 2020-2021 for graduate courses is $705 USD per credit hour or $2,115 USD for a 3-credit graduate course. Therefore one-half the tuition rate for a 3 credit undergraduate course is $840 USD and one-half the tuition rate for a 3 credit graduate course is $1,057.50 USD. In addition, there is a $120 USD fee charged for each credit course. Participants at other colleges or universities who wish to earn credit at UHC must submit an application as a non-degree special student. Any institute participants who wish to complete credit courses at the University of Holy Cross must be accepted and must register for the appropriate course prior to the beginning of summer term, 2022.

Those who wish to earn academic credit for the institute at California State University, Stanislaus should contact Dr. Suzanne Whitehead at swhitehead1@csustan.edu. Others who wish to earn credit at their home college or university should contact Dr. Ted Remley at tremley@uhcno.edu for details regarding that possibility.

Participants who wish to earn 3 academic credits at the University of Holy Cross (UHC) may choose from the options described below. If you wish a syllabus for one or more of these courses, contact the institute director, Dr. Ted Remley at tremley@uhcno.edu. It is possible other courses for institute participation may be offered at other universities.

Undergraduate Course Options at the University of Holy Cross

COU 300: Special Topics: Counseling in Ireland
An elective undergraduate 3 credit counseling course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.
PSY 400: Special Studies: Counseling in Ireland
An elective undergraduate 3 credit psychology course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Master’s Level) at the University of Holy Cross

COU 602: Social and Cultural Foundations in Counseling
A master’s level 3 credit course that is required for counseling master’s degree students. In some universities, the course is entitled Multicultural Counseling. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 609: Professional Orientation and Ethics in Counseling
A master’s level 3 credit course that is required for counseling master’s degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 640: Special Topics in Counseling: Counseling in Ireland
An elective master’s-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

Graduate Course Options (Doctoral Level) at the University of Holy Cross

COU 839: Advanced Multicultural, Ethical, and Legal Issues in Counseling
A doctoral level 3 credit course that is required at UHC for counseling doctoral degree students. Substantial academic work is required on-line prior to and after the institute to earn credit for this course.

COU 815: Doctoral Seminar in Clinical Studies: Counseling in Ireland
An elective doctoral-level graduate 3 credit course. This course is primarily experiential and requires some readings, attendance at institute presentations and seminars, and a paper that focuses on the learning experiences of participants.

For further information, contact:
Dr. Ted Remley
University of Holy Cross
4123 Woodland Drive
New Orleans, LA 70131
tremley@uhcno.edu

To learn about other counselor international institutes, visit https://uhcno.edu/internationalPrograms/