

The National Board for Certified Counselors

Innovations in Counseling: Working with Minority Populations- Part 4

Session 9: Considerations for Assessment, Diagnosis and Counseling of Teenagers with Addiction Issues

Webinar Follow-up Question and Answer Session with Dr. Kevin Doyle.

## 1. Question from Keith Norman

How would you respond when a parent reports suicidal ideations but the client denies or does not present any suicidal risk?

# <u>Answer</u>

A few thoughts here:

- Continue to assess for suicidality (client)
- Refer the parents to appropriate professionals
- Consider family counseling/therapy
- Continually reassess

# 2. Question from Keosha Branch

Can drug use cause prolonged or repeated instances of dissociation or depersonalization?

### Answer

Yes, that is possible, although I would not characterize it as common, particularly with adolescents. However, the substances adolescents use (hallucinogens, inhalants) can produce unpredictable effects.

### 3. Question from Joshua Maldonado

What do you think of MAT treatment for adolescents?

# Answer

I am not a medical doctor, of course, so I need to be careful of scope of practice here. I would generally not default to medication-assisted treatment first, but with a later adolescent in particular with a significant opiate problem, this is life-threatening, so MAT could very well be a viable option. I like to develop good consultative relationships with clients' medical providers (PCPs).

# 4. Question from Charmaine Rimple

Would you provide the name of the manual for levels of care for adults?

### Answer

Sure: The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions

Available at: http://www.asam.org/quality-practice/guidelines-and-consensus-documents/the-asam-criteria/text

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