

# Building Professional Excellence- Part 2 Session 4: Utilizing Distance Counseling for Rural and Military Populations Webinar Follow-up Question and Answer Session with Michael Jones

#### **<u>1. Question from Jason Manizza</u>**

Could you recommend a cost conscious Distance Counseling training program?

### Answer from Presenter

We provide a 23-hour course for \$379. You get 4 hours of ethics training with the course as well. It is 100% online and can be taken at your own pace. It is also approved to get NBCC CEUs. Our website is <a href="http://www.renewedvisioncourseling.com">www.renewedvisioncourseling.com</a>.

# 2. Question from Nisha Talwar

What is the way to market about offering e-counseling?

#### Answer from Presenter

Having a good website is essential to marketing. Many people will check you out first online before contacting you about therapy. You can also make connections at physician offices or get contracts with churches, or businesses that do not have counseling services as a part of their benefit package.

## 3. Question from Gretchen Mahoney

How do you handle suicidal ideation online?

## Answer from Presenter

We have a training that covers client who experience suicidal thoughts as a part of our training. I purposely try to screen my client's beforehand to make sure that suicide or homicide is not something they have dealt with in the past. I also need to have a suicide plan for each distance client. I would need to know what therapists and facilities are in their area that can provide emergency service in case of a crisis situation.

## 4. Question from Suzanna Eller

What are the Medicare rules for tele-health?

#### Answer from Presenter

I do not believe that Medicare is currently reimbursing for telecounseling. Medicaid is in certain states.



### 5. Question from Terra Hamblin

What software are you using to record and perform your video counseling services?

#### Answer from Presenter

I use the Camtasia software to video tape the first session for archival purposes. Primarily I use VSee to perform my video counseling. I would strongly encourage you to visit www.telementalhealthcomparisons.com to see the different options that are out there.

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