

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Charlotte Katie Arrowsmith Receives Rural Scholarship From the NBCC Foundation



Greenwood, MS—The NBCC Foundation, an affiliate of the National Board for Certified Counselors, Inc. (NBCC), recently awarded an \$8,000 2018 NBCC Foundation rural scholarship to Charlotte Katie Arrowsmith, of Greenwood, Mississippi. The rural scholarship is awarded to counseling students who are from rural communities and commit to practicing in rural areas upon graduation.

The mission of the NBCC Foundation is to leverage the power of counseling by strategically focusing resources for positive change. The Foundation created the rural scholarship in 2009 to improve access to counseling services in rural communities, which suffer disproportionately from a lack of mental health care. More than 75 students from across the country applied for the six 2018 rural scholarships.

As a rural scholarship recipient, Arrowsmith will receive \$8,000 to support her counseling education and recognize her commitment to the underserved. A graduate of the University of Nevada, Las Vegas, Arrowsmith is currently a master's student in the clinical mental health counseling program at Delta State University, in Cleveland, Mississippi. Upon graduation, Arrowsmith intends to work on bettering access to mental health services for youth in the Mississippi Delta. Arrowsmith believes that whether it is a quality education or treatment services for mental illness, a person's zip code should not prevent them from access to mental health care. Arrowsmith hopes to specialize in helping those traditionally considered difficult to treat, including those who are indigent, have multiple disorders, or are involved with the criminal justice system. Earning this scholarship will allow Arrowsmith to continue her counselor education and receive professional development that will establish a strong professional counselor identity. It will also allow her to continue working on her counseling social innovation, in which she is working on destigmatizing mental health in the Mississippi Delta. She hopes to be an advocate in the counseling profession for underserved populations.

The NBCC Foundation has also awarded six \$8,000 [military scholarships](#) to increase the number of counselors serving fellow military personnel, veterans, and their families. The Foundation plans to continue offering scholarships to increase the number of counselors in the areas where they are needed most and will open the next application period in fall 2018. For more information or to make a gift in support of scholars like these, please visit www.nbccf.org.

ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 64,000 board-certified counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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