

PRESS RELEASE

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FOR IMMEDIATE RELEASE

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Mirsha Alexandre Awarded \$5,000 Counseling Fellowship From NBCC and Affiliates

Miami Shores, FL—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Mirsha Alexandre of Miramar, Florida, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y Fellow, Alexandre will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition age youth (ages 16–25).



The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute \$5,000 to Alexandre and the 39 other master's-level counseling students selected to receive the fellowship award. Alexandre is a graduate of Florida Atlantic University in Boca Raton and is currently pursuing a master's degree in mental health counseling and marriage, couple and family counseling at Barry University in Miami Shores, Florida. After graduating, Alexandre intends to work with underserved minority teenagers and their families who are dealing with substance use, trauma and/or family issues. Living in South Florida and being of Haitian descent, Alexandre has recognized the need for counseling in the communities with these marginalized populations. She is grateful for the fellowship award and the invaluable opportunities that will come from it, including attending beneficial trainings and having licensure supervision. Alexandre is prepared for the fellowship to further enhance and develop her skills as a multiculturally competent counselor and is eager to provide outstanding mental health and family counseling to teenagers and their families in the community.

The Foundation plans to open the next NBCC MFP-Y application period in September 2015. To learn more about the NBCC MFP and its fellows, please visit www.nbccf.org.

About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 55,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.