

## PRESS RELEASE

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FOR IMMEDIATE RELEASE

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### Lotes Nelson Awarded \$20,000 Counseling Fellowship From NBCC and Affiliates

Minneapolis, MN—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Lotes Nelson, of Charlotte, North Carolina, for the National Board for Certified Counselors Minority Fellowship Program (NBCC MFP). As an NBCC MFP Fellow, Nelson will receive funding and training to support her education and facilitate her service to underserved minority populations.



The NBCC MFP is made possible by a grant first awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in August 2012. The Foundation is contracted by NBCC to administer the NBCC MFP, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to strengthen the infrastructure that engages diverse individuals in counseling and increases the number of professional counselors providing effective, culturally competent services to underserved populations.

The NBCC MFP will distribute \$20,000 to Nelson and the 22 other doctoral counseling students selected to receive the fellowship award. Nelson is a graduate of Montreat College in North Carolina and is both a student and graduate of Walden University in Minneapolis, Minnesota, where she is currently pursuing a doctoral degree in counselor education and supervision. Her dissertation research topic is the role of acculturation in marital satisfaction among mixed Caucasian and Asian-American heterosexual couples. Her commitment is to provide education on the importance of receiving mental health care, while placing strong emphasis on the cultural beliefs, values and traditions of each individual. The NBCC Minority Fellowship Program will help her complete her dissertation research and obtain her doctoral degree. Furthermore, the fellowship will allow her to continue to provide counseling services to underserved and never-served populations.

The Foundation plans to open the next NBCC MFP application period in September 2015. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### ABOUT THE NBCC FOUNDATION

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 55,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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