

## PRESS RELEASE

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FOR IMMEDIATE RELEASE  
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### Carolina Perez Awarded \$5,000 Counseling Fellowship From NBCC and Affiliates

New York, NY—The NBCC Foundation, an affiliate of the National Board for Certified Counselors (NBCC), recently selected Carolina Perez of Island Park, New York, for the NBCC Minority Fellowship Program-Youth (MFP-Y). As an NBCC MFP-Y Fellow, Perez will receive funding and training to support her education and facilitate her service to underserved minority populations, with a specific focus on transition age youth (ages 16–25).



The NBCC MFP-Y is made possible by a grant awarded to NBCC by the Substance Abuse and Mental Health Services Administration (SAMHSA) in September 2014. The Foundation is contracted by NBCC to administer the NBCC MFP-Y, as well as training and collaboration activities, such as [webinars](#), that are open to all National Certified Counselors (NCCs). The goal of the program is to reduce health disparities and improve behavioral health care outcomes for racially and ethnically diverse populations by increasing the available number of culturally competent behavioral health professionals.

The NBCC MFP will distribute \$5,000 education awards to Perez and the 39 other master's-level counseling students selected to receive the fellowship award. Perez is both a student and graduate of Hunter College in New York, New York, where she is pursuing a master's degree in school counseling. After graduation, she intends to serve and empower new students, to guide them to achieve their full potential and to go to college and become who they want to be. This fellowship will allow Perez to attend school full time without the fear of being unable to cover tuition.

The Foundation plans to open the next NBCC MFP-Y application period in September 2015. To learn more about the NBCC MFP and its fellows, please visit [www.nbccf.org](http://www.nbccf.org).

#### About the NBCC Foundation

The NBCC Foundation is the nonprofit affiliate of the National Board for Certified Counselors (NBCC), based in Greensboro, North Carolina. NBCC is the nation's premier professional certification board devoted to credentialing counselors who meet standards for the general and specialty practices of professional counseling. Currently, there are more than 55,000 National Certified Counselors in the United States and more than 50 countries. The Foundation's mission is to leverage the power of counseling by strategically focusing resources for positive change.

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